

Bereavement

Your Employee Wellbeing is dedicated to helping employees find the best advice, support and care in their personal and work lives. Expert services include access to health and fitness professionals, from nutritionists and osteopaths to life coaches, therapists and counsellors.

At this difficult time we hope you may find some of the resources below helpful. You may wish also to consult our fact sheets on [neonatal](#) and [child bereavement](#).

Cruse Bereavement Care

Cruse Bereavement Care is a large national charity, founded 60 years ago, that offers bereavement counselling and resources to people of all ages.

Care for the Family

Care for the Family offers bereavement support for parents in the form of a community: shared stories, useful articles and a Facebook group. It also puts on events (online and offline) for bereaved parents. Their website signposts to other online directories and specialist organisations to help with a wide range of different specific situations.

The British Association for Counselling and Psychotherapy

A register of trained and accredited counsellors

The UK Council for Psychotherapy

A national register of psychotherapists and psychotherapeutic counsellors

Therapy Directory

A directory of complementary therapists in the UK.

NHS Bereavement Support

You may also access bereavement support through the NHS whose website offers a directory of relevant services.

Your Employee Wellbeing has been making a difference to employees since 2011. If you would like to find out more about our services, please get in touch.

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