

Female fertility check-ups

Harley Street Fertility Clinic has been successfully helping families to grow for over ten years. Led by renowned fertility specialist Dr Geetha Venkat (MBBS, DGO, MD, FRCOG), the clinic has focused on tailoring treatments to the needs of patients while incorporating the latest developments in the discipline. Dr Venkat presents her work regularly in conferences and has published articles in many peer reviewed journals. She has also contributed two chapters to the authoritative book on 'Donor Egg IVF' and offers advice to the community on fertility matters on national television and radio programs.

A female fertility check-up or assessment helps women to understand their fertility status and their ability to conceive. Increasingly many women choose to have fertility check-ups so that they can decide whether to delay having a baby until the time is right or consider freezing their eggs for the future (often if they are yet to find the right partner). For many women, it is also the first step in deciding whether to have treatment.

What is checked?

Female fertility check-ups begin with a consultation, in which a fertility specialist takes a detailed medical history to discuss any existing medical conditions and explore any problems that could be relevant. Your height, weight, blood pressure and carbon monoxide (CO) level are all measured, as all of these may impact your fertility.



A baseline pelvic ultrasound scan and blood test will be arranged between days 2-5 of a 28-day cycle. The ultrasound scan is an internal scan of the womb and ovaries. The scan will allow your ovarian reserve to be assessed by measuring your antral follicle count and volume of your ovaries. The health of your uterus and ovaries will also be assessed, and a check will be made for any pathology such as ovarian cysts, uterine fibroids or polyps. The blood test measures a panel of hormones: anti-mullerian hormone (AMH), follicle stimulating hormone (FSH), lutenising hormone (LH), oestradiol (E2), thyroid function (Free T4 and TSH), prolactin and vitamin D levels.

The results of your tests are usually discussed with you at a follow up consultation. At this point you would be advised of your fertility status, as well provided with advice on any changes that may be required to your lifestyle to improve your health and maximise your fertility potential. If assistance were needed, you should have the opportunity to discuss treatment options to help you conceive or help you plan for the future.

Regular monitoring

Fertility can change drastically each year, so regular monitoring is a good idea for those who do not wish to start treatment immediately.

Harley Street Fertility Clinic is proud to have one of the highest success rates in the country for IVF and IUI fertility treatments. We offer safe, proven techniques to enhance your chances of conception, and advanced analysis of the issues that could be preventing you from conceiving. We're proud to be a family-run clinic, staffed by experts who are passionate about helping you to become the parents you've longed to be.

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