

Child Bereavement

At this unbearably difficult time we hope you may find some of the resources below helpful. If it is more appropriate we also have a fact sheet with resources for [neonatal bereavement](#).

The Lullaby Trust

The Lullaby Trust provides bereavement support and grief counselling for parents after the sudden and unexpected death of a baby or young child.

Care for the Family

Care for the Family offers bereavement support for parents in the form of a community: shared stories, useful articles and a Facebook group. It also puts on events (online and offline) for bereaved parents.

Cruse Bereavement Care

Cruse Bereavement Care also offers bereavement counselling and has a helpline.

Child Bereavement UK

Child Bereavement UK offers a helpline and a range of different resources, including books and films, that might help in a variety of different circumstances. They also support children facing bereavement themselves.

Winstons Wish

Winstons Wish also supports children and their families after the death of a parent or a sibling.

The British Association for Counselling and Psychotherapy

A register of trained and accredited counsellors

The UK Council for Psychotherapy

A national register of psychotherapists and psychotherapeutic counsellors

Therapy Directory

A directory of complementary therapists in the UK.

NHS Bereavement Support

You may also access bereavement support through the NHS whose website offers a directory of relevant services.